

# Prayer Practice



Week of  
October 20

If you are unable to join us in the CWC Chapel at 7am on Wednesday, we invite you to find space within your day to spend some time in silence, listening to God.\* Quiet your heart before the Lord, letting go of distractions, and asking God to reveal His truth to you.

## Meditate on the Lord's Prayer.

Our Father, Who art in Heaven  
Hallowed be Your name  
Thy kingdom come  
Thy will be done  
On Earth as it is in Heaven  
Give us this day our daily bread  
And forgive us our trespasses  
As we forgive those who trespass against us  
Lead us not into temptation  
But deliver us from the Evil One  
For Thine is the kingdom, the power,  
And the glory forever  
Amen.

**Following the Lord's prayer, use the prompts below to guide you in your prayers.** Acknowledge what you see in God and how you see Him working, but don't spend all of your time speaking. The Father, Son, and Holy Spirit are already in conversation with each other, and we are joining in through our prayers, so allow God to speak into your prayers to Him. After you read the prompt, sit in silence and listen to God. What might the Lord be saying to you about His character, His Kingdom, or His Church? Whatever God places on your heart, finish the prompt with a couple of short sentences, echoing what He has given you. When you feel you and the Lord have finished with the first prompt, move on to the next.\*\*

- God in Heaven, the thing I/we love most about You is...
- Father, Son, and Holy Spirit, this is something You're doing in this world, and I/we pray that it would happen...
- Father, this is what I/we need... this is what's stopping me/us... this is what I'm/we're deficient in... please provide this...
- Father, while I am/we are praying to You, this is what You have revealed to me/us about myself/your church; I/we confess this to You... please deliver me/us from it...

**At the close of your prayer time, finish with the Lord's prayer.**

**\*We suggest practicing this with a body of believers** - your small group, family, etc. - and allowing the Spirit to speak corporately instead of individually. The Lord's prayer is a corporate prayer, asking God to work in and through the body of Christ. Pray together in one mind, not as several individuals petitioning God. Be open to what God is saying to the whole.

**\*\*To practice this in a group,** allow more time for the people in your group to contribute their own short sentences, and follow the prompts with the plural pronouns. This requires listening not just to God but also to the words of your small group, family, etc.

## WE WANT TO HEAR FROM YOU!

As you discern God's voice throughout the week individually and in community, we want to know how God is speaking to you.

- What have you been hearing from God as you've spent time listening to Him?
- How have others helped you in responding to what God has been saying to you?

### Share your story with us:

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