



# Sermon Discussion Guide

JUNE 2, 2019 • THE FLOURISHING LIFE • ERIC CRISP  
PSALM 1

---

## ACCEPT

- Sometimes, the people closest to us can reflect aspects of our lives we are blind to.
  - Take a moment to ask at least one other member of your group if there is an area of your life you have not been open or honest about, especially if it is keeping you from accepting others.
- 

## ENCOURAGE

“Don’t be impressed with your own wisdom.  
Instead, fear the Lord and turn away from evil.  
Then you will have healing for your body  
And strength for your bones.” **Proverbs 3:7-8**

- What were the positive, encouraging experiences people saw this week? Where might God have been in those situations?
- What were some of the difficult situations or experiences of the week? Where might God have been during those times?

*Share Scriptural words of encouragement with each other based on how you have been praying for each other this week.*

---

## TEACH

**Teaching Summary** ([Click here for a brief sermon summary video](#))

The psalms are songs for the people of God. Songs can influence our thoughts as well as our emotions and the psalms are meant to form the way we see and experience the world. Throughout the seasons of life, the psalms speak to the heart of the disciple, leading to a life that flourishes in every circumstance. Psalm 1 sets the agenda for our life of worship and leads us to the root of a fruitful life.

### Review Questions

1. What narratives (origin, career, tribes, input, etc.) are currently influencing your life?
2. How are they effecting the meditation of your heart?
3. Jesus is the Law Giver; His story is the one we should meditate on. What in your life do you need to bring to the Law Giver so that you can see it through his lens?

### Transformation Questions

1. What do you think God is saying to you?
2. What is keeping you from doing this?
3. If you were to do it, what might be a good first step?
4. Who will you tell? Or who will you ask to help you?

---

## REFLECT AND CORRECT

- What qualities must our team cultivate to foster vulnerability and create a culture of safety?
  - Do I exhibit these characteristics to every member of our team? If not, how can we as a group encourage and challenge each other to embody these qualities?
- 

## SERVE

- Discuss with one another the gifts you all bring to the group. Think of a way you all could use those gifts tangibly in the next week.

---

## **PRAY**

Here is a guided prayer based on Psalm 136. The leader can start and people in the group can finish each sentence.

“Give thanks to the God of gods. Give thanks to the Lord of lords. His faithful love endures forever.”

*(give people a moment to be silent and listen)*

- “Lord, your love endures forever! You created the world and have done great wonders. God, we marvel at these things that you have made...”
- “Your love endures forever! Lord, you brought Israel out of Egypt and led them through the wilderness. We want to see you work in these seasons of...”
- “Your love endures forever! You have provided in our weakness and our hunger. God, we thank you for...”

“Give thanks to the God of heaven. His faithful love endures forever.”

Amen.

*Share ways you can pray for each other over the coming week.*

*Spend time praying with each other now, listening to God for ways to pray.*