



Sermon Discussion Guide

APRIL 19, 2020 • BREATH • STEVE DENEFF
JOHN 14:15-20; 20:19-23

Posture

As you prepare yourself and your group to hear from the Lord, take some time to posture your bodies and hearts toward Him. Lead your group in the following posturing practice as a means of quieting your hearts and minds in order to listen to God.

Posturing Practice: Breath Prayer

Psalm 46:10

Breathe in: **Be still**

Hold breath: **and know**

Breathe out: **that I am God**

Before your group reads the scripture passage together, pray that God would reveal himself in this time and place. Consider asking a different person to pray each week.

Scripture

Today's passage: John 14:15-20; 20:19-23

Leader: "Hear the Word of the Lord from **the Gospel of John.**"

Read the scripture passage(s) aloud. Consider inviting someone else to read or split the reading up amongst your group.

Discern

Teaching Summary

When Jesus "breathed onto" his disciples he intended to, not just sustain his ministry but to expand it with, in and through us. Through the Holy Spirit God dwells within the Body of Christ like he dwelled in the humanity of Christ. Through the Holy Spirit we may become, by grace, what Jesus was by nature. It is time for us to live up to that.

Discussion Questions

1. What are the habits that you unconsciously tend to do that compete with or contradict the work of God?
2. In what ways does your schedule or your life crowd out the thing that you're hoping God will do through you?
3. If you were to make room for the Holy Spirit to just flow from you, what might you do to cooperate, to align, to affirm that God is active in your life?

Obey

Transformation Questions

1. What do you think God is saying to you?
2. What is keeping you from doing this?
3. If you were to do it, what might be a good first step?
4. Who will you tell? Or who will you ask to help you?