

Staying Calm in the Storm

1

What is the nature of your storm?

2

Where is God in it? And what is He doing?

3

Where (or in what/whom) have you put your trust? How reliable is that?

4

What has God promised? What would it look like for you to believe it?

Isaiah 40:28-31: Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak . . . those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

Psalms 46:1-3, 10-11: “God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth gives way and the mountains fall into the heart of the sea . . . Be still and know that I am God; I will be exalted among the nations; I will be exalted in the earth. The Lord Almighty is with us; the God of Israel is our refuge.”

Psalms 31:19-20: “How great is your goodness, which you have stored up for those who fear you, on those who take refuge in you . . . Love the Lord, all his saints! The Lord preserves the faithful . . . Be strong and take heart, all you who hope in the Lord.

John 14:27: “Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid . . . I have told you these things so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world,” (John 16:33).

Romans 8:35-39: “Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or danger or sword? No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future . . . nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Colossians 1:10-12: “We pray this in order that you may live a life worthy of the Lord and may please Him in every way, bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to His glorious might so that you may have great endurance and patience, joyfully giving thanks to the Father who has qualified you to share in the inheritance of the saints in the kingdom of light.”

Philippians 4:4-7: “Rejoice in the Lord. I will say it again: Rejoice! The Lord is near. Do not be anxious about anything but, in everything, by prayer and thanksgiving, present your requests to God. And the peace of God, which transcends all your understanding, will guard your hearts and minds in Christ Jesus.”

